

Bright Future Lactation Resource Centre

Prepare for the IBLCE
Lactation Consultant
Examination

Lactation Management Course



**Oct 23, 2010
Nov 6, 2010
Nov 20, 2010
Dec 4, 2010**

Toledo, Ohio

Lactation Management Course

This course is a comprehensive review of the skills and knowledge needed for evidence-based professional lactation consultant practice. The course will help prepare candidates for the certification examination sponsored by the International Board of Lactation Consultant Examiners (IBLCE).

Four days of in-person instruction and 27 hours of clinical exercises conclude with a practice exam to identify strengths and gaps in skill and knowledge. Interactive activities, slides and videos, and skill-building techniques create a uniquely warm and supportive learning environment.

**Bright Future Lactation
Resource Centre's mission is
*Supporting the People who
Support Breastfeeding***

Linda J. Smith, BSE, FACCE, IBCLC

Author of 4 lactation textbooks; internationally-known speaker & consultant; delegate to the United States Breastfeeding Committee



Course Objectives and Accreditation

Upon completion* of the course, participants will be able to:

1. Explain the biological processes involved in breastfeeding and human lactation
2. Describe psychological, sociological, and cultural issues affecting breastfeeding families
3. Explain pharmacological principles affecting the breastfeeding dyad
4. Interpret research findings that pertain to lactation and the mother-baby breastfeeding dyad
5. Discuss Legal, ethical, and professional issues of lactation consultant practice
6. Describe public health aspects and implications of breastfeeding



7. Explain normal and abnormal variations and conditions pertinent to the course of lactation
 8. Demonstrate appropriate counseling skills that support breastfeeding women
 9. Demonstrate clinical assessment, management skills, & use of breastfeeding equipment
 10. Demonstrate test-taking strategies by completing a simulated examination
- * Participants must complete 9 clinical exercises totaling 27 hours before the end of the course.

The 2010 course is approved for 45 CERP's by the International Board of Lactation Consultant Examiners.

Session 1, October 23, 2010, 9 am to 5 pm: Welcome; The Global Context: Breastfeeding as a Public Health Priority; The Lactating Breast; Wondrous, Magical Mothers' Milk (Biochemistry of human milk); Risks of formula; Infant suck; Positioning and Latch; Impact of birthing practices on Breastfeeding; . (Please bring a newborn-size doll for skills practice)

Session 2, November 6, 2010, 9 am to 5 pm: Lifecycle of the Mother/Baby dyad's breastfeeding relationship; Growth patterns, Complementary feeding; Breastfeeding beyond initiation; co-sleeping; Infant feeding in emergencies; weaning; Clinical skills: ABC protocol, assessing breastfeeding problems; Breast Pathology; Equipment for managing breastfeeding problems. (Please bring a breast model for skills practice.)

Session 3, November 20, 2010, 9 am to 5 pm: Special babies: Prematurity, jaundice, medical issues; allergy; supplementation; Maternal issues during lactation: medications; birth issues; role acquisition; employment; multiples and social issues; LAM; Counseling and Communication skills; Legal & Ethical Issues; charting & documentation; scope of practice, Code of ethics, International Code; Counseling and Communication Skills

Session 4, December 4, 2010, 9 am to 5 pm: Interpretation of research & statistics; Public Health implications; Global context; Assessing a breastfeed; evaluation tools; BFHI; implementation in practice settings; submission of clinical exercises; test-taking and study strategies; practice exam, scoring and discussion; course evaluations

Alternate ("snow date") if needed: Saturday, Dec. 11, 2010

Nine Clinical Exercises totaling 21 hours of Independent Study complete the curriculum for this course. Two activities are required; other activities can be selected from the BFLRC Clinical Exercise list or participants can propose alternate exercises. All Clinical Exercises must be satisfactorily completed and submitted before the last day of the course. The on-site sessions and independent exercises are considered a unit; therefore registration for individual portions or sessions is not permitted and no partial credit is given.

BRIGHT FUTURE LACTATION RESOURCE CENTRE

6540 Cedarview Court, Dayton Ohio 45459-1214
 Phone 937-438-5373 or 937-438-9458; Fax 937-438-3229
 Email: Lindaj@bflrc.com Internet: www.BFLRC.com

Location, directions, and a map to the locations of the 4 on-site sessions in the Toledo area will be sent with the course confirmation materials and clinical exercises.

Early registration is advised, as course size is limited. Registrations must be accompanied by tuition. Cancellations must be made in writing; those cancellations received less than 14 days prior to the course start date will be assessed a \$25 fee. No refunds will be made after the course has begun, for partial attendance, or for no-shows.

Confirmation, lodging information, and reading recommendations will be sent by e-mail or postal mail. All meals and snacks are "on your own." The course materials are protected by international copyright laws. Photographic and/or electronic recording is prohibited. Exceptions must be requested in writing in advance.

**Clinical exercises must be completed before the end of the course.*

BFLRC supports the *Innocenti Declaration* and recognizes that observing real babies and their mothers is a central part of breastfeeding education. Therefore breastfeeding babies are welcome to remain with their mothers during the entire course. The classroom is not suitable for mobile toddlers or loud children.

Registration

Name (please print legibly)

Organization or affiliation

Credentials (RN, RD, etc)

SSN (required for CERP credit)

Professional License # and state

Home Address

City, State, Zip

Home Phone

Work Phone

E-mail

Tuition \$749.00*

* Includes ~400-page syllabus

Check enclosed

Visa or Master Card

Credit Card # (we accept Visa or MasterCard only)

Exp. date

Signature